

Transverse, Breech, Posterior

Being in a transverse, breech, or posterior position before you were born creates the energy of being in the wrong place or moving in the wrong direction. It may have caused a long and slow labor through the birth canal which creates the energy of being stuck, things not happening fast enough in your life, and/or having to always wait for what you want. If your position was corrected before you were born, you may attract a lot of correction by others and others trying to change your course in life.

Releasing... Wrong direction. Need to go in the wrong direction to survive. Wrong careers. Backwards / feel wrong / something wrong with me. Upset that I do things wrong. Guilty / punishing self.

Letting go of... Afraid to come out. Afraid to meet new people. Don't want to come out. Trying to get out. Hate starting / don't want to get started / Not getting anywhere / not ready.

Releasing... Avoiding power. Painful beginnings in life and relationships. Hate completion / staying too long / stuck. Don't know what direction to go / unfocused / going opposite direction. Fights / don't change me / others try to turn my thinking.

Letting go of feeling... Not aligned / terrified of being aligned. Backing out when there's too much closeness. Squirming out of relationships / relationship is too close. Turning away from people / I cause pain / needing to hurt others. Picking partners who want to be hurt. Worried about hurting people. Let it all go. Take a deep breath and let it go.

Reframes

I am safe to straighten myself out

I am safe any which way I turn

I am experiencing the right direction

I am knowing where I am going

It's safe to leave or safe to stay

I am free to move forward with joy

I am safe to align with others and I am supported to be free

I am welcomed

I am experiencing that people love to meet me

I am respected

I am kind to others

I am able to complete things easily