

Unplanned, Unwanted, Illegitimate

If your birth was not planned or you are an illegitimate birth, you most likely have issues of not feeling valued and wanted at a deep level. You may have felt often that you are not deserving of a successful life and that you need to make up for feeling like a fake. This clearing will release those deeply held shaming energies. If you have any unplanned or illegitimate births in your family's generations, it is recommended you do this clearing.

Releasing... Don't deserve to live. Don't deserve love. Unchosen / unwanted / mistake

Letting go of... I create accidents. I need to be sneaky. Not wanted. Rejected. Need to hide to survive. Needing scandal.

Releasing all the times that I am... Not feeling legitimate. Failing because I don't deserve legitimate success. Feeling like a phony, an imposter. Punished for who I am. Suffering to get love. I don't deserve legitimate love

Letting go of... I cause upsets. Don't interrupt anyone, it's dangerous. Let it all go. Take a deep breath and let it go.

Reframes

I am deserving of love

I am chosen

I am choosing to thrive

I am choosing myself

I am wanted

I am wanting to make my life work

I am a gift to myself and others

I am legitimate

I deserve legitimate love, attention, and success

I am blessed for who I am

I am receiving love easily and effortlessly

I am a gift to this world

I am planning on a great life

I am a blessing to others

I make a positive difference in the world

I am safe showing up in the world

I am free to move forward on my life path

I am ready for what comes next

I am following my own intuitive rhythm

I am in harmony with my legitimate life