



# Welcome to The 30-Day Money Cure

## 2020 PANDEMIC EDITION

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Congratulations for taking a step toward financial stability and resilience at this uncertain time.

This live course you registered for begins on May 18, 2020.

When it begins, you'll receive an email with a link to get started.

Before then, I recommend that you print, read, and complete this document. It will help you prepare to get the most out of the course you just registered for!

## What to expect in The 30-Day Money Cure

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The goals of this 30-day experience are to permanently cure your patterns of fear with money and establish a lifetime practice of financial resilience for the rest of your life.

The 30-Day Money Cure is designed to give you daily and weekly doses of financial abundance awareness. The repetitive practice of putting your attention on principles and practices of financial abundance for 30 days in a row allows a new energy of abundance to be patterned in your personal energy system.

As new patterns are created naturally and effortlessly, your attitude and behavior change spontaneously without any stress or effort on your part. (It is important to stay in a state of grace and ease through this 30-day process. Applying effort and stress causes strain and blocks in your energy system.) This new awareness held in your energy field will allow the experience of financial abundance to manifest in your life.

In this 2020 Pandemic Edition, you will also receive coaching to help guide you through the collective fear of this time. The patterns you establish now in this global crisis will support you for the rest of your life.

## PREPARING TO GET THE MOST OUT OF THE 30-DAY MONEY CURE

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01

Write out what you want as a result of going through this course. If this course helps you create financial stability, what does that stability look like in your day to day? How will you feel? What will you be able to do? When you get to the end of this course, what do you want to be able to look back and say about it? Take one minute to write what comes to mind.

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02

Set a simple one-sentence intention, declaring what you are now creating with money. (Then share your intention in The 30-Day Money Cure Facebook group.) For example:

*I am creating financial resilience that blesses me and my family.*

*I am experiencing calm confidence about money in every situation.*

*I am grateful for all the money that continues to show up in my life.*

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**An exciting, abundant experience with money is showing up for you soon! Look for my email on May 18.**